ARRIVAL GUIDE FOR INTERNATIONAL STUDENTS

nau.edu/cie
A Letter from President Cheng

Join the Lumberjack community of enthusiastic students and professors!

Welcome to Northern Arizona University. You will be joining more than 20,000 students, including about 1,200 international students from 70 countries, who have chosen to pursue their degrees at NAU. We offer all the tools and resources necessary for you to find your way and enjoy this time of growth, exploration, and transformation. Immerse yourself in the campus and community environment, including exciting athletic events, the arts, and student-driven activities.

Sincerely,

Rita Hartung Cheng
President

I received a high-quality education.

95% of the university’s alumni agree or strongly agree with this statement.

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8 Best College Town in the U.S. (Travel + Leisure)
6 Happiest City in America (Time.com)
Cleanest Air in the U.S. (American Lung Association)
World’s First International Dark Sky City great for star-gazing!
288 days/year of sunshine
4 seasons (yes, it does snow in Arizona!)
WHERE TO BEGIN

30+ on-campus dining options

$1 billion in new construction and facility upgrades since 2003

300+ student clubs and organizations

And growing! Find one that’s right for you (or start your own!) at nau.edu/clubs

SEVIS Fee | fmjfee.com

The SEVIS (I-901) fee must be paid before you schedule your visa appointment. This fee is non-refundable. Please remember to print and save your proof of payment receipt.

1. Visit fmjfee.com to fill out the Form I-901.
2. Pay your SEVIS Fee one of the following ways:
   a. By credit card or debit card; OR
   b. Submit the Form I-901 with a money order and mail this to:

   I-901 Student/Exchange Visitor Processing Fee
   1005 Convention Plaza St. Louis, MO 63101 United States
   Phone Number: 1-703-603-3400 (United States Country Code 001)

Getting a Visa | educationusa.state.gov

A visa allows you to enter the United States. A valid I-20 or DS-2019 form allows you to stay in the U.S. during your studies. Students with an I-20 must obtain an F-1 student visa and students with a DS-2019 must obtain a J-1 exchange student visa before entering the United States to study. To make an appointment and locate a Consular Office, visit the Department of State website: usembassy.gov.

What to bring to your visa interview?

1. A receipt for the SEVIS fee
2. A receipt showing payment of your visa application fee (if applicable)
3. An I-20 or DS-2019 form from Northern Arizona University
4. Your admission letter from Northern Arizona University
5. A completed Form DS-160 Online Nonimmigrant Visa Application (available online at ceac.state.gov/genniv or at any US Embassy or Consulate).

6. A passport valid for at least 6 months beyond your intended date of entry into the U.S.
7. Two recent passport-size photographs
8. A bank letter showing sufficient funds to study in the USA

*Please check the embassy website for additional information.

Now… what do you do next?

Don’t forget to check the “International Student Checklist” included in your admission packet, or online: nau.edu/admitted

Jacob
Assistant Director, International Admissions and Recruitment
Suggested items to bring to the U.S.

- **Clothing** – NAU is located at an elevation of 7,000 feet or 2,138 meters. Be sure to pack some clothes for cold weather, as well as sunglasses for Flagstaff’s 288 average days of sunshine each year. There are also plenty of shopping opportunities once you arrive at NAU!

- **Money** – Bring a credit card with “VISA” or “MASTERCARD” logos when travelling internationally. Also bring a small amount of cash in U.S. dollars for food, taxi, or other incidentals.

- **Adaptor/Converter** – If your home country has a different outlet configuration than the U.S., you will need an adaptor. North American devices run on 110/125V electricity.

- **Cellphone** – There are 4 primary service providers in the United States: Verizon, AT&T, T-Mobile, and Sprint. You can bring your cellphone to the U.S. and change the SIM card to be compatible with a U.S. provider. In the U.S., Sprint, Verizon use CDMA; AT&T and T-Mobile use GSM.

Arriving in Flagstaff

- **Arrival by Air** – American Airlines (aa.com) operates daily flights from the Phoenix Sky Harbor International Airport (Airport Code: PHX) to Flagstaff (Airport Code: FLG).

- **Arrival by Shuttle** – Arizona Shuttle (arizonashuttle.com) offers daily shuttles from the Phoenix airport to Flagstaff. Travel time is approximately 3 hours.

- **Arrival by Train** – Amtrak Train (amtrak.com) arrives in Flagstaff daily from Chicago and Los Angeles.

- **We also offer pick-up services** for new international students from either the Flagstaff airport (FLG) or the Amtrak station (Arizona Shuttle arrivals). Online reservation required; check the Orientation Website for details.

- **Hotels near NAU campus** – Drury Inn, Grand Canyon International Hostel, Quality Inn, Embassy Suites and more.


International Student Orientation | nau.edu/cie/orientation

As a new international student, you are required to attend orientation sessions beginning one week prior to the start of every fall and spring semester. Your official orientation date is the same as your program start date listed on your sponsor document, J-20 or DS-2019. To best prepare for your experience at NAU, the Center for International Education arranges a full week of events and activities, including:

- **Orientation Check-in and Immigration Document Check-in**: Mandatory for all new international students.

- **English Placement Exam**: Mandatory for all students in the Program in Intensive English (PIE).

- **Academic Advising**: Individual meeting with your academic adviser for course registration.

- **Life in the U.S.**: Student Panel: Current international students will discuss U.S. culture and dealing with culture shock.

- **Resource Fair**: Companies and vendors will be available for you to activate cellphones, and learn about campus student resources.

- **Pizza Party**: Eat some free pizza while you meet member of NAU’s International Club.

- **Small Group Lunches and Dinners**: Go to Flagstaff’s delicious local restaurants with current U.S. and international students.

- **New Student Welcome Trip**: A day trip to the Grand Canyon or Sedona with new international students.

**Suggested items to bring to the U.S.**

**Orientation dates**

**Fall 2016**

- Monday, August 22 to Friday, August 26

  Students admitted to the English language program – Program in Intensive English

  - Undergraduate degree-seeking students
  - J-1 Exchange students
  - Graduate students

**Spring 2017**

- Tuesday, January 10 to Thursday, January 13

  Students admitted to the English language program – Program in Intensive English

  - Undergraduate degree-seeking students
  - J-1 Exchange students
  - Graduate students
Established in 1899, Northern Arizona University (NAU) is a prestigious public institution with more than one-hundred years of history. With nearly 100 majors and nationally ranked programs in business, engineering, biology, nursing and more, NAU combines exceptional academics and opportunities for research with renowned professors and a commitment to making your education relevant and rewarding.

The Jacks Card
The Jacks Card is the name of your student ID card. On this card you will have two accounts: the JacksDebitExpress (JDE) and the Dining Dollar account. Both of these accounts work like a prepaid debit account. JDE can be used at non-dining locations such as the NAU Bookstore, the Recreation Center, and the Post office. The Dining Dollar account can be used to purchase tax-free food at dining locations on campus. Meal plans are also accessed by using the JacksCard.

Access your NAU Email
Your personal email address will not be used for official communication. Your NAU email is your official email when communicating with Northern Arizona University and when submitting forms. Please begin using your NAU email before arriving to campus. For more information on accessing your NAU email, please visit the Student Technology Center, nau.edu/its/students.

Dining
nau.edu/dining
NAU Dining offers meal plans for students to eat on campus without carrying cash. Students who buy meal plans do not pay sales tax on their meal purchases. There are several meal plan options such as 16 meals per week, 24 meals per week, or 19 meals per week. Halal and Kosher meals are available upon request.

Louie the Lumberjack
Louie the Lumberjack is NAU’s much beloved official mascot. The word “lumberjack” has a strong tie to the history of Flagstaff because it comes from the nickname for the loggers and lumber workers who first settled in the area. Louie is an icon for the strength of NAU’s students and athletics teams. Your NAU student online account is also called “LOUIE” (nau.edu/louie), where you can register for courses and access your class schedule, financial account, grades, and other information about your academic life at NAU.

Academic Resources
Tutoring and the Student Learning Center
The Student Learning Center offers free, 45-minute tutoring sessions for students taking a variety of subjects (English, biology, math, etc.). There are two locations, a North LAC and a South LAC. For more information, visit their website at nau.edu/Student-Learning-Centers.

Supplemental Instruction
Supplemental Instruction (SI) is a series of review sessions for difficult courses. SI sessions are led by an SI leader, an NAU student who attends class with you. SI sessions are voluntary, and you can expect to review materials, discuss difficult concepts and learn study skills. The SI schedule can be found at nau.edu/Student-Learning-Centers/Supplemental-Instruction.

Transfer Credit
To meet the requirements of your degree plan, you may be able to use transfer credit that you earned at another institution. Transfer evaluators in the International Admissions office review your transcript to determine your total number of transfer units and how those units will count toward satisfying Northern Arizona University’s Liberal Studies requirements. Faculty from the appropriate academic departments evaluate your transfer work to determine how any transfer courses may count toward your major and minor requirements.

Students can receive up to 90 credits from a four-year institution and up to 64 credits from a two-year institution. Students must submit official transcripts and course descriptions in English in order to receive transfer credit. (NAU Policy #100224)

Cultural tip: What is “mascot”?
Many universities in the U.S. have a mascot which represents their institution’s common identity. A mascot is a person, animal, or item used as a rallying point for a group’s common goal, especially during athletic events. Just as the Football World Cup features such mascots as the English Lions, Egyptian Pharaohs, and the French Roosters, NAU’s mascot is Louie the Lumberjack!

Nancy
International Recruiter and Admissions Counselor

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On-Campus Housing

Apply for On-Campus Housing

On-campus housing is very popular and you must apply by the deadlines. Residing on campus provides a convenient, economical, and fun living environment for students.

The Office of Residence Life is the campus department responsible for housing students at NAU. We recommend visiting their website at nau.edu/reslife for more information about living on campus and the cost of rent.

Family Housing

Balancing life as a student while having a family can be challenging, but our family housing options make it a little easier nau.edu/residence-life/housing-options/family-housing

Arizona Childcare Resource and Referral: arizonachildcare.org

Off-campus Housing

If you choose to live off-campus, there are many apartment buildings within walking distance to campus.

Resources

Flagstaff Homestay and International Student Housing: ihouseflagstaff.com

Residence Life Guide to Living Off-Campus: nau.edu/residence-life/housing-options/off-campus-housing

Housing Deposits

If you choose to live off campus, you will have to pay a security deposit that would pay for any damage to the apartment. If there is no major damage to the apartment at the end of your stay, a portion of the deposit may be given back to you when you move out.

Paying Rent

If you are living off-campus, rent is normally paid to the property management company. If you are living in a house, rent is often paid directly to the landlord.

Paying Your Fees

You should be prepared to pay your tuition and fees or sign up for the NAU Payment Plan when you arrive on campus. Please contact the Student and Departmental Account Services for more information at: SDAS@nau.edu or 928-523-3122.

Jobs on Campus

International students may work on-campus up to twenty hours per week when school is in session. Students may work on campus up to 40 hours per week during official breaks if registered for classes for the next semester. The official breaks are: Summer break/Spring break/Winter break.

For on-campus employment information, check nau.edu/career/jobs-for-jacks

MONEY

You may wish to open a bank account in your name when you arrive in Flagstaff. Having a bank account (or checking account) will allow you to pay bills such as tuition, rent, and utilities. This will also give you access to a check or debit card you can use in Automatic Teller Machines (ATMs) at any time of day or night. You will need cash or traveler’s checks, your passport, and your NAU ID card to open a bank account. There are several banks and one credit union located within walking distance of campus.

Wells Fargo: wellsfargo.com

Chase: chase.com

Arizona State Credit Union: azstcu.org

FINANCES

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Wells Fargo: wellsfargo.com

Chase: chase.com

Arizona State Credit Union: azstcu.org
GETTING INVOLVED

Our Community

First Friday Art Walk: Live music and refreshments, local artists, and original artwork displayed in downtown Flagstaff’s many galleries, restaurants and shops. This event takes place on the first Friday of every month.

Farmer’s Market: Come and check out the local farmer’s market in downtown Flagstaff on Sundays! You can purchase locally grown produce, antiques, books, gems and minerals, ceramics, and vintage clothing!

Coconino County Fair: The County Fair features amazing local and national acts each year. Entertainment is available all day, every day - over 40 hours’ worth! Check coconino.az.gov/countyfair

Flagstaff Festivals

Festival of Science: A 10-day family event with open houses, lectures, in school presentations, hikes and excursions at various locations throughout the city.

Celtic Festival: Come and learn about Celtic culture!

Pickin’ in the Pines: A world class bluegrass and acoustic music festival.

Chocolate Walk: A one-day chocolate event that invites the public to enjoy all different varieties of chocolate while exploring downtown Flagstaff.

Sports at NAU

NAU students may attend intercollegiate sporting events on campus for FREE with their student ID cards. Schedules for NAU’s Athletic teams are available online at nau.edu/athletics.

NCAA SPORTS:

- Football
- Soccer
- Volleyball
- Basketball
- Cross Country
- Tennis
- Golf
- Swimming and Diving (Western Athletic Conference)

Student Activities

The Office of Student Life has information on over 300 recognized student clubs and organizations on campus. The Associated Students of Northern Arizona University (ASNAU) serves as the student government on campus.

There are also opportunities for students to join a Sport Club or an Intramural Sport. Make friends, get involved, and have fun while you learn a new sport or continue with the sport you love. Learn more about campus recreation at nau.edu/Campus-Recreation.

On-campus Activities

Concert Series: in addition to the classical music concerts hosted by NAU School of Music, SUN Entertainment typically brings several concerts a semester. Past performances have included Phillip Phillips, Jason Mraz, Owl City, Plain White T’s, etc.

Academic

- 90 Academic
- 48 Advocacy
- 43 Cultural
- 27 Fraternities and Sororities
- 24 Recreational
- 19 Religious
- 24 Representative

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- 48

Cultural

- 43

Fraternities and Sororities

- 27

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- 24

Religious

- 19

Representative

- 24

Find your interest in 300+ student clubs and organizations at NAU.

Or start your own at nau.edu/clubs

Student Activities
nau.edu/Student-Life

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City of Flagstaff

Located in Northern Arizona, the city of Flagstaff is a vibrant mountain town with a robust entertainment scene and unparalleled natural scenery, only hours away from the Grand Canyon and Las Vegas. Travel + Leisure magazine named Flagstaff among the top 8 Best College Towns in America; the city also ranks 1st for cleanest air quality according to American Lung Association.

Historic downtown Flagstaff, located within close walking distance north of NAU, is popular with locals and tourists.

Getting around Flagstaff

**Public Transportation**
- Mountain Line is Flagstaff’s fixed-route bus system. For more information, including maps and route information, check mountainline.az.gov

**Yellow Bike Program**
- NAU’s Yellow Bike Program provides free bike rentals to students. Bike rentals are good for up to seven days, and include a lock, key, and helmet. For more information, check nau.edu/yellowbike

**Getting a driver’s license**
- An Arizona Driver’s License allows you to drive in Arizona as well as the rest of the United States, and can be used instead of a passport in cases where photo identification is needed. There are paid parking spaces available on the NAU Campus. For more information, check azdot.gov/mvd.

**Shopping in Flagstaff**

**Flagstaff Mall & The Market Place**
- Best Buy: Electronics
- Dillard’s: Department Store
- Marshalls: Discount Clothing
- Old Navy: Clothing
- Vans: Shoes and Accessories

**University Plaza Shopping Center**
- Safeway: Groceries
- Bed Bath & Beyond: Bedding and Kitchenware
- Ross: Discount Clothing
- GNC: Vitamins and Health Supplements
- Walgreens: Health and beauty products, over the counter medicine
- Wal-Mart: U.S.’s largest retail chain

**Other Stores**
- Bashas: Groceries
- Bookmans: Used books, music, movies, exchange
- Sprouts: Groceries
- Target: Home Goods and Clothing

**Cultural Tip: Tipping**
- is a standard practice in the United States. In restaurants, tipping 15% of the bill is expected. Taxi drivers and hairdressers also expect between 10% and 15%.

**Food**
- Beaver Street Brewery
  - (American): 5 minutes
  - Himalayan Grill (Indian): 2 minutes

**Scotsdale Fashion Square**, 2.5-hour drive
The mall is recognized as one of the top visitor destinations in Arizona with exceptional brands such as H&M, Nordstrom, Prada, Tiffany and Co., and ZARA.

**Anthem Outlets**, 1.5-hour drive
**Tanger Outlets**, 2-hour drive
**Phoenix Premium Outlets**, 2.5-hour drive

**Great Places to Visit in Arizona**

1. **The Grand Canyon**, 1.5-hour drive
   One of the seven national wonders of the world.

2. **Sedona**, 0.5-hour drive
   The world famous red rock scenery is breathtaking and just a short drive away!

3. **Antelope Canyon**, 2-hour drive
   Antelope Canyon is a spectacular petrified sand dune, created by wind, water, and time.

4. **Havasu Falls**, 3-hour drive
   The falls are known for their natural pools that are in vivid blue-green color.

5. **Lowell Observatory**
   Visit the place in Flagstaff where the dwarf planet Pluto was discovered in 1930.
Requirements

Health Insurance: It is mandatory for all international students to have university health insurance. The fee for insurance will be charged to your university bill. Even if you already have health insurance, you will need to purchase the NAU health insurance plan as only select plans are accepted by area clinics and the hospital. The most up-to-date health insurance costs are available at: nau.edu/Medical-Services/Insurance-and-Payment

MMR Immunization Requirement: You will not be able to register for classes, add or drop classes until you meet this requirement. Please submit the NAU immunization form and vaccination records before your arrival to NAU. More information: nau.edu/Health-Services/Immunizations

Campus Health Services is NAU’s full-service, professional medical facility with physicians and nurse practitioners. It offers a full spectrum of healthcare services on site, including lab, X-ray, nursing, health education, and some specialty care. More information: nau.edu/Medical-Services

The Flagstaff Medical Center (FMC) is the hospital and is located at 1200 North Beaver Street. FMC is a member of Northern Arizona Healthcare and provides high quality healthcare services to residents and visitors to northern Arizona. *Please use Campus Health Services or an Urgent Care Facility for non-emergencies as hospitals are expensive.

Emergency Contact

Before arrival
If you are in the USA and an emergency arises during your arrival to Northern Arizona University and the office is closed, please use one of the following phone numbers:
- Within the U.S. and Canada: 1-888-295-3943
- Outside the U.S. and Canada: 1-480-214-9106

**Please note that if you do NOT have an emergency, please call the office phone number at 928-523-2409.

In the United States
911 is the emergency number in the United States. If you need an ambulance, fire truck, or police car, it can be dialed for free from any pay phone or cell phone. 24 hours a day. An operator will answer and will send help.

“Flagstaff is known as a safe, friendly, and welcoming community.”

Travel Leisure magazine named Flagstaff among the top 10 Best College Towns in the U.S. and Time.com has called it one of the nation’s happiest cities.

NAU has a fully accredited police department for safety on campus.

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If you're planning to make a call to the U.S., dial country code "+1" or "001" first.

For more directional information, visit nau.edu/maps.
If you walk toward the mountain range (called the San Francisco Peaks), you are heading North!