Parent-to-Parent: Digital Family Time

Dear Friend,

Real metro is a massive undertaking for our families, but it can be a challenging task to keep up with all the activities and events. NAU offers a variety of resources to help parents and families keep track of important dates and deadlines, and to stay informed about the latest news and developments.

Important Dates

- **Family Weekend** - Sept. 23-25, 2016
- **Spring Commencement** - May 13-14
- **Spring Graduation Preparations** - April 20-21
- **NAU Bookstore**
  - March 14–18
  - May 14–18

Parenting Playbook Quick Tip #4

When you talk with your student about college, emphasize the importance of academic success and how critical it is for them to perform well in school. This will help them stay on track and achieve their goals.

General Scholarship Application

Did you know there are many scholarships available to students who meet certain criteria? Your student will need to apply for these scholarships to be considered for financial aid. The NAU general scholarship application is due March 1, 2016. You can complete this application online by accessing the "Scholarships" section on the NAU scholarship website.

Mindful Menu choices

If you have a student who is interested in healthy eating, NAU Campus Dining's Mindful Menu offers a variety of options for those who prefer a healthier lifestyle. The Mindful Menu items are labeled with a green apple symbol, which indicates that these items are lower in calories and fats, yet packed with flavor and important nutrients. You can find a list of Mindful Menu items on the NAU Dining Services website.

Spring Graduation Preparation

The NAU Spring Graduation will take place on May 13-14. The graduation ceremony will be held at the NAU Arena, and family and friends are welcome to attend. To ensure a smooth experience, we encourage you to plan ahead and arrive early to secure your seats.

Mindful Menu is served at the Hot Spot and the DüB on campus.

Shannon Clark
Parent and Family Services Coordinator
Shannon.Clark@nau.edu

Parent and Family Services
NAU Parent and Family Facebook

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