### Winter Break - Group Fitness

All participants must bring their Jacks card for entry into the facility. This schedule runs from 1/4/2016-1/15/2016.

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>12:00pm-12:50pm</td>
<td>All Levels Yoga</td>
<td>Exercise Suite 1</td>
<td>Devin</td>
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<tr>
<td>12:00pm-12:50pm</td>
<td>Treadmill Interval</td>
<td>Cardio Theatre</td>
<td>Akaylah</td>
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<tr>
<td>5:15pm-6:05pm</td>
<td>HIIT</td>
<td>TRX Corner</td>
<td>Euston</td>
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<tr>
<td>6:15pm-7:05pm</td>
<td>All Levels Yoga</td>
<td>Exercise Suite 1</td>
<td>Devin</td>
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<td>12:00pm-12:50pm</td>
<td>All Levels Yoga</td>
<td>Exercise Suite 1</td>
<td>Katie</td>
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<tr>
<td>12:00pm-12:50pm</td>
<td>Body Sculpt</td>
<td>Exercise Suite 2</td>
<td>Reyna/Akaylah</td>
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<tr>
<td>5:15pm-6:00pm</td>
<td>Cycle</td>
<td>Cardio Theatre</td>
<td>Akaylah</td>
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<td>6:15pm-7:05pm</td>
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<td>TRX Corner</td>
<td>Gunnar</td>
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<td>TRX</td>
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<td>Euston</td>
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